



Open 7 days a week  
from 5pm

[www.blastaroyal.com](http://www.blastaroyal.com)  
(BOOK A TABLE ONLINE)

### Our Food Story

Here as the Lounge Bar we pride ourselves on using the finest Scottish produce where and when available.

All our Butchery, Seafood, Dairy & Fruit and Vegetable products are supplied by Aberdeenshire Larder (Aberdeen), John Vallance (Glasgow), JR Fine Foods (Glasgow), Brakes Bros (Scottish Department & Suppliers), D Watt & Sons (Oban).

Our Fruit & Vegetables are sourced from Breckenridge's Based in Oban. We use Caledonian Larder from Stirling for our finishing Products & Olleco in Coatbridge for our cooking oil.

We here at Strathmore Hotels are committed to using at least 60% Scottish & Local Produce from our suppliers to ensure authentic, tasty, wholesome and well-presented fayre.

For more information of our food story from purchase to plate ask our extensively trained staff.



Find us on:  
**facebook**

'Like' us on facebook for special offers, new menus & specials and money-off deals

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# THE LOUNGE BAR

STRATHMORE  
HOTELS  
*The Royal*

## SNACK MENU

Available 12-2.30pm  
Seven days a week



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## SNACK MENU

Available 12pm-2.30pm - Seven days a week

### Sandwiches, Toasties, Paninis<sup>1</sup>

Served with Mixed Leaves, Coleslaw<sup>7</sup> and Kettle Chips  
Gluten Free Bread available

**£4.95 with 2 Fillings +£0.60 per extra filling**

Roast Beef	Honey Roast Ham
Turkey Breast	Cheddar Cheese <sup>7</sup>
Prawn Marie Rose <sup>3,5,7</sup>	Chicken Mayonnaise <sup>3,7</sup>
Coronation Chicken <sup>3,7,9,11</sup>	Egg Mayonnaise <sup>3,7</sup>
Tuna Mayonnaise <sup>3,4,7</sup>	Cranberry, Tomato, Brie <sup>7</sup>
Cucumber, Bacon Lettuce & Tomato	

### Baked Potatoes £5.75

Oven Baked Potatoes served with a Salad Garnish  
and your choice of the following fillings:

Cheddar Cheese <sup>7</sup>	Tuna Mayonnaise <sup>3,4,7</sup>
Coronation Chicken <sup>3,7,9,11</sup>	Chicken Mayonnaise <sup>3,7</sup>
Baked Beans	Egg Mayonnaise <sup>3,7</sup>
Prawn Marie Rose <sup>3,5,7</sup>	

Or choose one of our Bar Menu dishes - Lunchtime size portions

<b>Fish &amp; Chips<sup>1,4</sup></b> Fresh Fillet of Battered Haddock served with Chips and Peas	<b>£6.45</b>
<b>Wholetail Scampi<sup>1,5</sup></b> Wholetail Scampi pieces served with Chips and Peas	<b>£6.45</b>
<b>Steak &amp; Oban Ale Pie<sup>1</sup></b> Cuts of diced Scottish Beef in Oban Ale Gravy with Potatoes and Vegetables	<b>£6.25</b>
<b>Beef Lasagne<sup>1,2,3,7,11,12</sup></b> Beef Bolognese with Lasagne pasta sheets and Béchamel Sauce, served with Chips	<b>£6.45</b>
<b>Macaroni Cheese (v)<sup>1,7,12</sup></b> Pasta bound through a Cheddar Cheese Sauce, served with a side of Chips	<b>£5.95</b>
<b>Gammon Steak<sup>7</sup></b> Chargrilled Gammon Steak with Chips and topped with a Fried Egg	<b>£6.95</b>
<b>Vegetable Lasagne<sup>1,2,3,7,11,12</sup></b> Peppers, Onions, Carrots, Broccoli and Tomatoes with Lasagne pasta sheets and Béchamel Sauce, served with Chips	<b>£5.95</b>
<b>Spaghetti Bolognese<sup>1</sup></b> Ground Scottish Beef Mince Cooked in a Garlic Herb and Tomato Sauce on a bed of Spaghetti	<b>£5.95</b>

### Tea & Coffee

<b>Black Coffee</b>	<b>£2.60</b>	<b>White Coffee<sup>7,9</sup></b>	<b>£2.60</b>
<b>Cappuccino<sup>7,9</sup></b>	<b>£2.90</b>	<b>Latte<sup>7,9</sup></b>	<b>£2.90</b>
<b>Mocha<sup>7,9</sup></b>	<b>£2.95</b>	<b>Hot Chocolate<sup>7,9</sup></b>	<b>£2.95</b>
<b>Espresso</b>	<b>£2.10</b>	<b>Double Espresso</b>	<b>£4.10</b>
<b>Tea for One</b>	<b>£1.90</b>	<b>Herbal Teas</b>	<b>£2.10</b>

ALLERGY INFORMATION: CONTAINS

1. GLUTEN 2. NUTS 3. EGGS 4. FISH 5. CRUSTACEANS 6. MOLLUSCS 7. DAIRY  
8. SOYBEANS 9. SULPH DIOXIDE 10. PEANUTS 11. CELERY  
12. MUSTARD 13. SESAME 14. LUPIN